

Celebrating 15 years of making waves for mental wellness.

2024 ANNUAL REPORT



Making waves.





Our impact:

Mental illness by the numbers.



Dear Friends of Shore House,

2024 was a year of success for Shore House, and we're gearing up for another year of growth and mental health recovery for those in need. We're deeply grateful for your support and hope you'll continue to be an essential part of our mission to help adults living with mental illness on their journey to recovery.

Together, Members and staff foster a community built on friendship and support, creating a space where empathy, insight, and resilience thrive. Our work-ordered day is the perfect practice field, offering everyone the chance to contribute and help one another achieve mental wellness.

The magic of our community lies in the strength of our connections and the life-affirming power of relationships. I've witnessed this firsthand as Members have welcomed me into their lives, showing me what's possible when we focus on strengths instead of vulnerabilities.

"Shore House has always been there for me. It has been a lifesaver." – Shore House Member, Ann W.

When things feel darkest, Members often say the Clubhouse gives them hope to face another day. As we kick off our 15th year of filling a critical gap for an underserved population, we thank you for being part of this community of hope.

With gratitude,

Rich Ambrosino

Richard Ambrosino
Shore House Executive Director

Mental illnesses are prevalent in the United States, affecting millions of individuals each year.

Here are some key statistics:

Prevalence Among Adults: In 2022, approximately 23.1% of U.S. adults—about 59.3 million people—experienced some form of mental illness. (Source: NIMH.NIH.GOV)

Serious Mental Illness (SMI): Of these, 5.9%(14.3 million adults) had a serious mental illness, which significantly impairs daily functioning. (Source: NIMH.NIH.GOV)

Depressive Disorders: Each year, about 9.5% of American adults suffer from depressive illnesses, including major depression, bipolar disorder, or dysthymia. (Source: HOPKINSMEDICINE.ORG)

Anxiety Disorders: Approximately 12.5% of adults experience regular feelings of worry, nervousness, or anxiety. (Source: CDC.GOV)

Co-occurring Disorders: Around one-third of adults with a mental health disorder also experience a co-occurring substance use disorder. (Source: PEWTRUSTS.ORG)

Treatment Rates: Despite the high prevalence, only about half of individuals with mental illnesses receive treatment. (Source: NIMH.NIH.GOV)

These statistics highlight the widespread impact of mental health issues in the U.S. and underscore the importance of accessible mental health care and support systems.



Shore House 2024 Financials

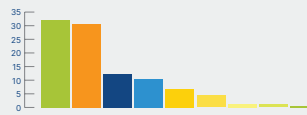
2024 Expenses

- Program Expenses – 81%
- Administration – 11%
- Fundraising – 8%

TOTAL EXPENSES: \$695,874

2024 Income

- Foundation Grants – 32.2%
- Special Event Income – 30.6%
- Individual Donations – 12.4%
- Government Grants – 10.3%
- Civic Organizations – 6.9%



- Corporate Donations – 4.4%
- Program Income – 1.2%
- Interest Income – 1.1%
- Faith-based Organizations – .6%
- TOTAL REVENUE: \$726,386**



Our work:



Expanding the Clubhouse Model in New Jersey.

Empowering Mental Health Recovery

The Clubhouse Model is a proven, community-based approach that empowers individuals to take an active role in their mental health recovery. By providing a supportive, non-clinical environment focused on dignity, purpose, and social inclusion, the model helps individuals develop skills, build relationships, and thrive. As we expand this approach in New Jersey, we aim to create sustainable programs that offer long-term support for mental health challenges.

Why the Clubhouse Model?

The Clubhouse Model operates on the belief that everyone can lead a fulfilling life, regardless of their mental health challenges. It offers an alternative to traditional treatment centers by providing a safe, collaborative space where individuals work together to manage their recovery. Members actively participate in the recovery process alongside staff, building confidence and independence.

Expanding our reach.

New Jersey faces growing mental health needs, and expanding the Clubhouse Model statewide offers a solution that empowers individuals to overcome challenges and thrive.

Key strategies for expansion include:

Community Outreach & Partnerships: Collaborating with local agencies, healthcare providers, and community organizations to build the support infrastructure needed for success and tailor programs to meet regional needs.

Securing Funding Sustainability: Ensuring long-term program sustainability by securing state funding, Medicaid eligibility, private grants, and community fundraising.

Adapting to Local Needs: Tailoring the Clubhouse Model to fit the unique needs of each community through feedback and continuous improvement.

Measuring Impact: Tracking outcomes like mental health progress, social integration, and employment success to guide program adjustments and demonstrate effectiveness to potential funders.

Building a Supportive Network: Encouraging collaboration between Clubhouses across the state to foster a community of shared learning and resource-sharing.



3,668
TOTAL
CLUBHOUSE
VISITS

5% INCREASE
OVER 2023

370
MEMBERS
SERVED

12% INCREASE
OVER 2023

3,663
MEALS
SERVED

82
NEW
MEMBER
REFERRALS

36%
OF
MEMBERS
EMPLOYED

A lasting impact.

Expanding the Clubhouse Model across New Jersey is about more than just adding spaces for those facing mental health challenges—it's about building a sustainable support system that empowers individuals to take control of their recovery, form connections, and contribute to their communities. By engaging local communities and securing funding, we can ensure this expansion creates lasting, positive change in New Jersey's mental health landscape.



Together, we can create a future where everyone has the resources and support to live a fulfilling life.

Funding provided by:

The Achelis & Bodman
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Our mission:

At Shore House we restore hope, independence and self-worth for people living with mental illness by providing access to social, education and employment opportunities. Isolation is replaced with community, empowerment and a sense of purpose at Shore House.



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Shore House is a 501(c)(3) non-profit organization based in Long Branch, NJ. All donations are tax deductible. TAX ID: 26-3674925